

# Hearts and Hands

*(Words and Music by Mary-Lynn Goode and Toby Couture)*

Opening Prayer: *(By May Carden)*

Father in Heaven, to thee we pray  
Asking thy help, day by day  
In all we say, in all we do  
Make us kind and generous, too  
Make us eager in our work today  
Make us joyous in our play  
Help us to always follow thy rule  
Father in Heaven , Bless our School!

(Chorus:)

We are strong together, Carden Family  
Hearts and Hands together, that's our community  
Everyday's a good day: Learning, Friends and Fun  
We work and play and be our best, All of Us as One!

6th Grade:

When you walk with **Confidence**, It's easy to show **Respect**  
**Helpfulness** and **Courtesy** to those in debt  
**Honesty** and **Patience**, we'll not regret  
Kind words in hard time, you'll not forget

With **Orderliness**, we can gather our thoughts  
While **Friendliness** lets us share them in secret spots  
The **Flexibility** of the mind shines and never stops  
**Creativity** is divine, now let the beat drop!

(CHORUS)

7th Grade:

Sometimes we falter in the **Service** of our **Purposefulness**  
Our **Loyalty** is tested, and we're not at our best  
With no **Enthusiasm**, **Tolerance** is put to the test  
But when our hearts are full of **Thankfulness**, we're bound for  
sucess

The path at our back's paved with random acts of **Kindness**  
We're warriors of **Justice**, but never walk in blindness  
Our **Faith** in this is fuel, **Serenity** inside us

With the virtues side by side, we'll leave the bad times behind us

*(CHORUS)*

*8th Grade:*

It takes **Determination** to always speak with **Tact**  
**Understanding, Assertiveness** to know when to act  
**Humility** and **Peacefulness** when you lay back  
Learn to find **Forgiveness**, and face the facts

Dig deep in your **Stamina** during the hard times  
Remember **Integrity** when it's easy to let it slide  
**Idealism** leads us, **Responsibility's** a guide  
Easy for us, since we got nothin' but **Love** inside!

*(CHORUS)*

Lyrics link : <https://www.dropbox.com/s/mgg3ahna29g5zzb/Hearts%20and%20Hands%20%28Virtue%20Song%20Lyrics%29.pdf?dl=0>

Recording Link: <https://www.dropbox.com/s/3gat864vx7awom7/Hearts%20and%20Hands%20Practice%20Song.wav?dl=0>